PARRISH FIRE DISTRICT

PROTECTING OUR COMMUNITY. EVERY DAY.

WORK MORE. SAVE MORE. SERVE MORE.

THE HOURS WE WORK. THE COMMUNITY WE PROTECT.



CURRENT SCHEDULE 24/48 SHIFT
(NOT INCLUDING MANDATORY OVERTIME)

2,920 HOURS A YEAR

That's **840** MORE HOURS EACH YEAR

VS.

PROPOSED SCHEDULE 24/72 SHIFT

1,820 HOURS A YEAR

That's **1,100** MORE HOURS WITH FAMILY, REST & RECOVERY

HOW DO OUR HOURS COMPARE TO A TYPICAL 40-HOUR EMPLOYEE?

TYPICAL 40-HOUR EMPLOYEE
(Full-Time)

- Works 2,080 hours a year
- 40 hours per week
- 8 hours per day
- 5 days a week
- 2 days off

PARRISH FIREFIGHTER (24/48 SCHEDULE)

- Works 2,920 hours a year
- 80+ hours per week
- 24 hours on duty
- 48 hours off duty

BY ADOPTING A 24/72 SCHEDULE, WE SAVE OVER **1,100 HOURS** EACH YEAR PER FIREFIGHTER — THAT'S MORE THAN **27** FULL DAYS!

OVER A 25-YEAR CAREER

24/48 SCHEDULE
(NOT INCLUDING MANDATORY OVERTIME)

73,000 HOURS WORKED

EQUAL TO **8.8** EXTRA YEARS OF A STANDARD 40-HOUR WORK WEEK

VS.

24/72 SCHEDULE

45,500 HOURS WORKED

EQUAL TO **13.7** YEARS OF A STANDARD 40-HOUR WORK WEEK

THAT'S 840 MORE HOURS EACH YEAR!

THE EQUIVALENT OF:

- **21** EXTRA WORK WEEKS
- **105** EXTRA 8-HOUR DAYS
- **2.5** EXTRA MONTHS OF WORK!

THE REAL IMPACT: MENTAL & PHYSICAL HEALTH

FIREFIGHTERS
(24/48 SCHEDULE)

- Higher risk of burnout
- Chronic sleep disruption
- Less time for family & recovery
- Increased stress & anxiety
- Higher risk of heart disease & PTSD

LESS REST. LESS RECOVERY. MORE RISK.

OUR MENTAL HEALTH MATTERS.

STANDARD 40-HOUR EMPLOYEE

- More consistent sleep
- Better work-life balance
- More time with family & friends
- Lower stress levels
- Better overall health & longevity
- More time for personal growth

TIME WITH FAMILY EACH YEAR (BASED ON A 25-YEAR CAREER)

24/48 SCHEDULE LOSES AN ESTIMATED **6+ YEARS** OF TIME WITH FAMILY & LOVED ONES DUE TO EXTRA HOURS WORKED

WE DON'T JUST WORK MORE HOURS. WE MISS MORE OF WHAT MATTERS MOST.

24/72 SCHEDULE GAIN BACK AN ESTIMATED **6+ YEARS** OF PRECIOUS TIME WITH FAMILY AND TO RECHARGE

JUST **$68** A YEAR

LESS THAN 20¢ A DAY

68 DOLLARS INCREASE ON TAXES PER HOUSEHOLD MAKES THE 24/72 SCHEDULE POSSIBLE.

A SMALL INVESTMENT. A BIG DIFFERENCE.

BETTER STAFFING. BETTER RESPONSE. BETTER HEALTH. BETTER COMMUNITY.

WORTH FAR MORE THAN $68 A YEAR!

WHY 24/72 MATTERS TO OUR COMMUNITY

IMPROVED STAFFING
Recruit & retain quality firefighters

BETTER HEALTH & SAFETY
More recovery time = better performance on every call

MORE COMMUNITY PRESENCE
More time for training, prevention, & outreach.

FISCAL RESPONSIBILITY
Reduces overtime costs & improves budget control

FASTER RESPONSE
Sustained readiness across all shifts & fewer call delays

VOTE FOR A STRONGER, SAFER PARRISH!

SUPPORT THE 24/72 SCHEDULE FOR PARRISH FIRE DISTRICT!

YOUR VOTE. OUR FUTURE. OUR COMMUNITY.

PARRISH FIREFIGHTERS: COMMITTED TO SERVICE. DEDICATED TO YOU.
WORKING TOGETHER. PLANNING SMARTER. PROTECTINRNG TOGETHER.